

Lunch

Starters

House-made Chili

*Beef, cheddar cheese & scallions
cup \$5 ~ bowl \$8*

Boneless Chicken Tenders \$11

*Choice of: Buffalo, Spicy Plum, BBQ, Honey
Garlic, General Tsao*

Classic New England Clam Chowder

cup \$5 ~ bowl \$7

Fried Chicken Dumpling \$9

Honey pineapple teriyaki

Daily Soup

cup \$4 ~ bowl \$5

Fried Coconut Shrimp \$10

Honey pineapple teriyaki

Salads

House Salad \$6/\$10

*Mixed greens, red onion, tomatoes,
cucumbers & carrots*

Panko-encrusted Warm Goat Cheese \$14

*Mixed greens, apples, walnuts,
dried cranberries, balsamic vinaigrette*

Blueberry Almond Salad \$10

*Mixed greens & baby spinach, blueberries, almonds,
beets, red onion & tomatoes*

Scallops Salad * \$18

*Spinach, grilled asparagus, mushrooms,
tomatoes, bacon vinaigrette*

Warm Beet- Goat Cheese Salad \$11

Mixed greens, Fig drizzle

Chicken Salsa Salad \$15

*Mixed greens, grilled chicken, avocado, red onion,
tomatoes, topped with fresh salsa & fig drizzle*

Classic Cobb \$11

*Mixed greens, hard-boiled egg, avocado, red onion,
blue cheese crumbs, bacon, tomatoes*

Protein available with large Greens Only *

Scallops \$9 | Salmon \$7 | Chicken \$5

Lunch Entrees

Fried Chicken & Pancakes \$15

Honey drizzle

New England Fish & Chips

French fries & house-made Cole slaw \$16

FULL BAR AVAILABLE

On-line ordering & curbside available on our Facebook page & our website

We appreciate you choosing Mia's Café

* Please notify your server of any food allergies prior to ordering. Connecticut Health Dept.
Warns consuming raw or undercooked foods can increase the risk of food borne illness.

Mia's Café is not a "Nut or Gluten" Free House

Only Food and Beverages prepared at Mia's Café are permitted, no outside Food and Beverage allowed. Sept. 2021

Sandwiches

Served with potato chips

Upgrade to French fries \$2, sweet potato fries \$3 or mixed greens \$3

Stonington \$12

Rustic white bread, Chicken breast, pesto, fresh mozzarella, lettuce & tomato

The "Lowe" Down Wrap \$12

Fried chicken, lettuce, tomato, bacon bits, red onion, cheddar, BBQ & ranch

Misquamicut \$12

Rustic white bread, Cajun chicken, avocado, lettuce, tomato & spicy mayo

Buttermilk Fried Chicken Sandwich \$12

Spicy mayo, lettuce, tomato & onion, Kaiser Roll

Rueben \$13

Pastrami on grilled Rye bread, sauerkraut & spicy mayo

Wicked Grilled Cheese \$14

Rustic white bread, Brie, gouda, cheddar, apple-wood smoked bacon, spinach & sun-dried tomatoes

Fried Codfish Sandwich \$12

Tartar sauce, honey drizzle, lettuce & tomato, Kaiser roll

Watch Hill Wrap \$9

Tomatoes, red onion, cucumbers, lettuce, avocado, carrots, hummus & provolone

The Gardner \$10

Rustic white bread, Mozzarella, spinach, basil, tomato & pesto

Stateline Wrap \$14

Grilled chicken, fried eggplant, roasted red peppers, spinach, Feta cheese & balsamic vinaigrette

Burgers* ask about our Draft Beers!

All burgers, except keto, served on a brioche bun with lettuce, tomato, onion & French fries.

Upgrade to mixed greens \$3, sweet potato fries \$3

Bacon Blue Burger \$14

Apple-wood smoked bacon, Gorgonzola crumbs

Coastal Cajun Burger \$15

Cheddar, apple-wood smoked bacon, banana peppers & spicy mayo

The Charlestown \$14

Caramelized onions & apple wood smoked bacon

The Ashaway \$14

Whiskey glaze, mushrooms & swiss

The Avondale \$15

Caramelized onions, Brie cheese, spicy plum sauce

House-made Turkey Burger* \$12

House-made Black Bean Burger \$12

Quinoa, roasted red peppers, garlic

Keto Style * \$14

Beef patty served on mixed greens, with a fried egg

Classic Bacon Cheese \$13

Apple wood smoked bacon & American

Make your own Burger \$11

Ask about toppings \$

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